



SOCIOLOGY UNDERGRADUATE ADVISING NEWSLETTER

Get the latest campus updates from the MSU Department of Sociology

September 26, 2023

Important Dates from the Registrar's Office

(<https://reg.msu.edu/ROInfo/Calendar/Academic.aspx>):

Middle of Semester 10/16/2023. Middle of Fall semester 2023. Last day to drop a course with no grade reported.

Break Days 10/23/2023 - 10/24/2023- University Open but No Class.

Enrollment by Appointment Begins 10/30/2023 for Spring 2024. Students will be given a date when they are first able to access the enrollment system for spring semester. Enrollment continues throughout the rest of the fall semester. It is recommended that you meet with your academic advisor prior to your enrollment date.

Career Services: Free Headshots September 29. The Career Exploration Center will be hosting a free professional headshot event this Friday, September 29 from 10 AM-1 PM. We have a brand-new system available to students that will allow them to stop by any day of the week during business hours for a free professional headshot. You can find the event on Handshake [here](#).

Education Abroad Expo, October 5, 2023

The Office for Education Abroad is excited to announce the annual [Education Abroad Expo](#) will be held on October 5, 2023 from 1:00 pm to 5:00 pm at the Breslin Center.

The Expo allows students to explore their options by talking with program directors, representatives from partner institutions, former participants, and staff from support units all in one place.

Education abroad gives students the opportunity to gain critical skills they need to succeed after graduation – leadership, collaboration, flexibility and more. Their experiences abroad can help prepare them to solve environmental and humanitarian global crises like food insecurity, climate change, and discrimination.

Spartan Day of Service, October 14, 2023. The Fall Spartan Day of Service occurs from 9:00 am - 2:00 pm on Saturday, October 14th, 2023. The Spartan Day of Service is a free event for all MSU students and includes a morning kick off-event at the Business College Complex, bus transportation to all volunteer sites, breakfast, a boxed lunch, and a Spartan Days of Service t-shirt. Volunteer sites for this Day of Service include, Edgewood Network Center, Fenner Nature Center, Potter Park Zoo, Pattengill Biotechnical K-8 school, and many more. Check out all the volunteer opportunities and register or the Day of Service [HERE](#).

National Transfer Student Week, October 16th-20th, 2023. Please join the Involve@state web page: <https://msu.campuslabs.com/engage/organization/tssc>. Transfer students will find information about campus resources, upcoming events, and informational sessions we facilitate with various campus partners to promote student health and wellness, undergraduate research, education abroad and other high impact practice experiences.

DEI Workshops for students. The College of Natural Science Office of Diversity, Equity, and Inclusion (DEI) is hosting two DEI workshops for undergraduate students, on September 29 and October 6.

Social Identities and Group Membership; Presenters: Kendra Pyle and Danielle Flores Lopez; Friday, September 29th, 1pm-2:30pm; C302 Snyder Hall; This 90-minute workshop will be an exploration of social identities, privilege, and oppression that will engage participants in self-reflection on their membership in privileged and oppressed groups. Registration link: <https://bit.ly/3Ec3R6s>

Addressing Implicit Bias and Building Inclusive Communities at MSU; Presenter: Dr. Vanessa Holmes from the Office of Institutional Diversity and Inclusion; Friday, October 6th, 11:30am-1pm; C301 Snyder Hall; During this 90-minute workshop, participants will learn to define implicit bias, gain strategies on how to mitigate this barrier, and understand the negative impact implicit bias has on building inclusive university communities. Registration link: <https://bit.ly/47F4bZd>. Questions? Contact NatSci.DEI@msu.edu

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FALL
2023

Mujer a Mujeres' mission is to empower women by helping them develop academically and professionally through inspirational role models.

FALL WORKSHOP DATES

SEPTEMBER 27, 2023, 6PM-8PM
OCTOBER 25, 2023, 6PM-8PM
NOVEMBER 29, 2023, 6PM-8PM

ALL WORKSHOPS WILL BE HELD IN C131 HOLDEN HALL

SPONSORED BY: OFFICE OF UNDERGRADUATE EDUCATION
UNIVERSITY ADVISING, ERIKA ESPINOZA, ESPIN109@MSU.EDU
COLLEGE OF ENGINEERING, ERIKA WEEKS, FIASKYE@MSU.EDU
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Demmer Scholars Program Applications Available:

Are you interested in natural resources, science, and public policy? **Apply now through Tuesday, October 31, 2023**, for the [William A. Demmer Scholars Program](#), which includes a three-credit course and internship experience in Washington, D.C., during the summer of 2024.

The program and course run from Monday, May 20 - Friday, Aug. 9, 2024, and will be in person. If health and safety guidelines change in the coming months, we will adjust the experience accordingly.

Students in the Demmer Scholars Program take a 400-level class in natural resources policy that meets one night a week and all day on Saturdays. They also participate in paid internships at federal agencies or non-governmental organizations focusing on

natural resources in Washington, D.C. The experience includes weekend trips, governmental and non-governmental guest speakers, and networking opportunities.

Demmer Scholars Program Overview

All participating students are enrolled for the 3-credit course ANR 491: Selected Topics- Internship - Washington, DC: Elements of Federal Policy Development in Natural Resources. The course will be taught through one two-hour lecture and discussion session each week and augmented by Saturday or weekend field trips designed to ground class participants in policymaking.

Demmer Scholars participants will also complete a 12-week, 40-hour per week paid internship with a government or non-government organization active in natural resources policymaking in the Washington, D.C., metropolitan area. Interns earn between \$1,000 - \$2,000 monthly, depending on the internship. Interns will be responsible for transportation to D.C., lodging, and other living expenses.

Internship partners include:

- Environmental Protection Agency
- House Natural Resources Committee
- National Science Foundation – Office of Legislative Affairs
- Senate Agriculture Committee
- U.S. Army Corps of Engineers
- U.S. Forest Service – Legislative Affairs
- White House Council on Environmental Quality

[Read more details on the Demmer Scholars Program.](#)

Apply to be a Demmer Scholar

The Demmer Scholars Program is a competitive process open to upper-level undergraduates and graduate students.

How to apply:

1. Complete this [online application](#) to submit your resume and cover letter by **Tuesday, October 31.**
2. Attend the program overview meeting on Wednesday, November 8, at 5:00 p.m. in the **Natural Resources Building, Room (To Be Determined).**
3. Complete a 30-minute interview between Thursday, November 9, and Friday, November 10. Interviews are available from 8:00 a.m. to 5:00 p.m.; we will add more times if demand increases.

Contact [Mark Rey \(markrey8@aol.com\)](mailto:markrey8@aol.com) about the Demmer Scholars Program course content, the schedule, or internship site questions. Contact [Stratton Lee \(leestrat@msu.edu\)](mailto:leestrat@msu.edu) about the application and interview schedule.

MATTERS OF SUCCESS

Fall 2023 Seminar Series

01 YOU Matter: Maximizing Self-Motivation to Fuel Your Success

Wednesday Sept. 27 | 12PM
106 Bessey Hall

02 IT Matters: Small Steps Lead to Big Impact

Tuesday Oct. 31 | 12PM
113 Student Svc. Bldg. | Career Services

03 We Matter: Cultivating Meaningful Relationships For Success

Thursday Nov. 30 | 4PM
216 Bessey Hall



MATTERS OF SUCCESS

SEMINAR SERIES

01 YOU MATTER: MAXIMIZING SELF-MOTIVATION TO FUEL YOUR SUCCESS

Sept 27 | 12PM
106 Bessey Hall

In this workshop, we will explore the science behind motivation and look at what keeps students motivated and how tapping into that drive can enhance academic performance and improve overall wellbeing. The workshop is specifically designed to help students understand how motivation and goal setting can impact their academic success. College is tough and it can be easy to become unmotivated. But you are tougher, so are you, let's get motivated together!

02 IT MATTERS: SMALL STEPS LEAD TO BIG IMPACT!

Oct 31 | 12PM
Career Services
113 Stu Svc. Bldg.

Have you been asked what do you want to do? Some or many of us hesitate because we are unsure of what we want to do. Some of us may not have family members working in fields that interest us, we may not know options that are available. We may not know the jobs that we want to do, but most of us want to find work that inspires us and want to somehow make an impact. This workshop will help you figure out your values, what may inspire you, how you may want to make an impact, and even the type of work you may want to pursue!

03 WE MATTER: CULTIVATING MEANINGFUL RELATIONSHIPS FOR SUCCESS

Nov 30 | 4PM
216 Bessey Hall

Building off the first two workshops, this workshop will look at how cultivating and building relationships can help us get more motivated (however we define it) and set us up for success! We will also discuss how relationship building (and networking) has many advantages as well! In this seminar, we will talk and learn more about how we can not only engage with each other, resources on campus, but also how community engagement can help set you up for overall success! Building your community and sense of belonging matters!

socialscience.msu.edu/student-success

Lynch Family Civility Scholarship. Who qualifies: Undergraduate students enrolled in the College of Social Science who have indicated an interest in promoting civility in public discourse, specifically in the space of public policy, will be eligible for this award. How much: \$1,200. Funds may be used to support tuition, scholarly research, community outreach and engagement, conference attendance, and/or trainings in the public sector. How to apply: Applicants will be asked to write a 1-2 page personal statement a commitment to promoting civility and dialogue in the space of public policy and governance and how they plan to apply the knowledge, skills, and methods they have learned in their everyday lives to advance the impact of civility outside of the classroom. Deadline to apply is November 15, 2023. Here is a link to the web page: [Scholarships | Department of Political Science | Michigan State University \(msu.edu\)](#).

WANT TO LEARN SKILLS TO
BECOME MORE MINDFUL?

INTRODUCTION TO MINDFULNESS

Join our 4-week introduction to mindfulness class.
Improve your campus and community
engagement experiences.

 **OCT 13-NOV 3 (FRIDAYS)**

 **11:15AM-12:30PM**

 **STUDENT SERVICES BUILDING**

 **KORU**
mindfulness

 Center for Community
Engaged Learning
MICHIGAN STATE UNIVERSITY

Scan to register by
Sept 29, 2023



Michigan Medical Education Day (MMED) Registration open.

[MMED](#) will take place this fall on [Saturday, October 7](#) here at MSU. Registration is open and limited to the first 500 students. Please share with any of your pre-med students who may be interested! More details below:

[What is it?](#)

MMED began in 2011 through the collaborative work of all of Michigan's medical schools and Pre-Health advisors. It is funded by generous donations from all seven medical schools in Michigan! This [in-person](#) event is held every other year.

MMED 2023 will provide pre-medical students from across the state of Michigan with programs designed to help them explore medicine as a career path and make a well-prepared decision to apply to medical school. Students will get the chance to hear directly from medical school admissions representatives and pre-health advisors as they discuss topics ranging from activities, to interviews, to admission criteria.

[When is it?](#)

Date: Saturday, October 7

Location: MSU Business College Complex

Sessions: 9:30am – 4:00pm

[Who can attend?](#)

This program is designed for current (2023-24) college students who do not have an active medical school application. Michigan residents and/or those attending college in the state of

Michigan are particularly encouraged to attend. Those who have already submitted or are in the process of submitting an AMCAS or AACOMAS application for the current application cycle are not eligible to attend this event.

[How do I register?](#)

Link: [MMED 2023 Registration](#)

Registration is free and limited to the first 500 to register. A waitlist will be utilized once registration is full. We ask that any student who registers and cannot attend cancel their spot as soon as possible to open up space for others.

Pre-Health Events on Campus. Please view this web page for information regarding Professional School applications and related information to help you prepare for graduate programs in the health fields: [Upcoming Events \(msu.edu\)](#). For questions, please contact a Natural Science Pre-Health Advisor: [Events \(msu.edu\)](#).