



# SOCIOLOGY UNDERGRADUATE ADVISING NEWSLETTER

Welcome to the MSU Department of Sociology Advising Newsletter!

SEPT. 8, 2022

**\*Social Media in the SOC Department.** Our Department hosts many events and funding opportunities, clubs and other important information which we share regularly on our website and on our social media. We would like for you to be aware of what is happening, so we kindly request that you connect with us on Facebook, Twitter and/or Instagram. Please click the links below to get connected to our department!

<https://www.facebook.com/MichiganStateSociology>

[https://twitter.com/MSU\\_Sociology](https://twitter.com/MSU_Sociology)

[https://www.instagram.com/msu\\_sociology/](https://www.instagram.com/msu_sociology/)

\*The **Undergraduate Sociological Association (USA)**, a registered student organization and an academic club, will hold their first meeting of the year, in room 107 Berkey Hall on Thursday, September 8, at 6:00pm. All are invited to attend.

Please plan on coming if you want to meet other students in this program, talk about current issues, as we will introduce ourselves to each other in person, and we are also going to be electing new officers for the current school year (2022-2023). If you are interested in running for an office, please come prepared with a short speech, one minute or so, on why you think you are qualified and what you can do for the club. The positions available are President, Vice-President, Secretary, Treasurer and Social Media Director. The club normally meets about once per month throughout the school year.

Please reply to: kania@msu.edu, if you will be attending, and also, if you are interested in running for an office. If you cannot attend, but are interested in being a member or officer, please send me a message to let me know, as well. We want to include as many as possible, and the club is open to students from any major with an interest in Sociology.

\***Undergraduate Research at MSU.** The Undergraduate Research Office is excited to offer a series of Ambassador-led workshops this year. Below are the descriptions dates for the upcoming workshop offered this month. Please share with any students in your network expressing interest in undergraduate research.

What is Undergraduate Research?

There are myriad ways that research is conducted. Learn about the many different forms of research taking place at MSU. Exploring your research interests will be easier with a comprehensive understanding of what undergraduate research is and its breadth.

9/7/22 @ 7PM – Online via Zoom - <https://msu.zoom.us/meeting/register/tJlud-iurjkrHNDRHp2eunVee4EgKFi9L5tU>

9/20/22 @ 12:30PM – STEM Building Room 2102

Finding Undergraduate Research Opportunities

Make research an integral part of your MSU experience! Come learn about the opportunities available for involvement in research and creative activities at Michigan State. You can expect a short presentation, discussion, and Q & A facilitated by current undergraduate researchers.

9/14/22 @ 7PM – Online via Zoom - <https://msu.zoom.us/meeting/register/tJAocu2hrzMoEtHa-DtB8Eona0LeqQmoMjLU>

9/27/22 @ 12:30PM – STEM Building Room 2102

Graduate Panel: For Undergraduate Researchers

Bring your questions for a diverse panel of current graduate students engaged in research. Expect to hear from panelists with varied identities and research backgrounds. This is a great opportunity to learn about the career paths of graduate researchers with experience and wisdom to share. Plan for brief introductions of the panelists and Q & A facilitated by current undergraduate researchers.

9/22/22 @ 6PM – Online via Zoom - [https://msu.zoom.us/meeting/register/tYlcoGppz0jH9IL\\_aMoR1RqUBGH-W\\_hGrq](https://msu.zoom.us/meeting/register/tYlcoGppz0jH9IL_aMoR1RqUBGH-W_hGrq)

Finding Summer Research Opportunities

There are a variety of summer opportunities available for students. Programs are hosted by colleges and universities around the United States and the world. They provide intensive research experience on a particular topic within a scholarly discipline. For undergraduates with plans for graduate or professional school after MSU, summer research provides the opportunity to expand your professional network and acquire experience in an area of interest. In this workshop, you will learn more about summer research, the benefits of participation, and effective search strategies, including how to find and apply for opportunities.

9/29/22 @ 7PM – Online via Zoom  
- [https://msu.zoom.us/meeting/register/tJAscO6pgjkoE9MT7RAmHs3CiROa\\_IaZXK6h](https://msu.zoom.us/meeting/register/tJAscO6pgjkoE9MT7RAmHs3CiROa_IaZXK6h)

For questions please contact Mordecai Harvey, [harveym6@msu.edu](mailto:harveym6@msu.edu)

**\*Spartan Day of Service**, Saturday, September 17, 2022, 10am-2pm. MSU Students we would like to invite you to be a part of our Fall Spartan Day of Service!

This year, the Day of Service will be held on, Saturday September 17, 2022 from 10am - 2pm. We will provide Transportation, Food, Event T-shirt, a Mask and Hand Sanitizer for all student participants. Please follow the link below to register for a service site. [Register Here.](#)

**\*Fill the Bus.** [MSU Center for Community Engaged Learning](#) and [MSU Alumni](#) invites you to participate in our 14th Annual “Fill the Bus” event. We strive to give local students and families an equal start to the new school year! [Donate Here.](#) Your Support Will Make a Big Difference

When a student walks into the classroom with the basic supplies they need, they can focus on what really matters - learning! With a continue need for personal protective equipment and new school supplies, our schools, teachers, parents, and students need our support more than ever before.

This year all supplies will be purchased by the Center for Community Engaged Learning (based on each school district and non-profits need and quantity) and shipped directly to local school districts and non-profit organizations focused on youth mentorship and education.

Project Budget. All money raised will be divided between our partners to purchase the supplies requested.

Just \$20 is enough to provide notebooks and pencils for an entire class of students! There is no minimum amount required to donate and each donation will make a difference.

**Examples Include:**

- \$5 - 3 notebooks and a pack of pens & pencils for a student OR 5 notebooks or 10 packs of markers for the class
- \$10 – 20 packs of colored pencils
- \$20 – Much needed disposable masks and disinfectant wipes OR a kid’s backpack
- \$50 – A brand-new adult-sized backpack OR a complete set of PPE (cloth masks, disposable masks, Clorox wipes, all-purpose cleaner, Kleenex) for a home/classroom

**Our 2022 Partners Include:**

- MSU Student Parent Resource Center
- MSU Veterans Center (Families)
- Lansing School District
- Edgewood Village Network Center
- MSU Child Development Laboratories

15th Annual

SPARTAN

REMIX

**Be the Remix:**  
**Celebrate, Inspire, Empower**  
Thursday, Sept. 8, 2022 | 5PM-8PM  
Munn Field (northeast corner)



**MSUOCAT**  
Office of Cultural & Academic Transitions



**STUDENT LIFE & ENGAGEMENT**

**COUNCIL OF RACIAL AND ETHNIC STUDENTS**

**COUNCIL OF PROGRESSIVE STUDENTS**

# Academic Success Workshops

## Fall 2022

### Academic Time Management

Facilitator: Seven Mattes, Ph.D.

**Description:** Achieve academic success by moving beyond basic planners and calendars; learn how adding a few simple time management techniques to your routine can significantly improve your academic performance and reduce the anxiety that comes with procrastination.

[Tuesday, September 13, 3pm – 4pm](#)

[Tuesday, October 18, 2pm - 3pm](#)

[Thursday, October 6, 10am - 11am \(Zoom\)](#)

### Annotate Your Way to Higher Grades

Facilitator: Brandy Ellison, Ph.D.

**Description:** Research shows that students who learn how to annotate texts and lectures tend to significantly increase their grades while spending less time studying. This workshop teaches easy, time-saving, annotation skills to replace less efficient methods when you really need to understand large quantities of new information. Underlining, highlighting, outlining, or copying of text content you may be doing now can all be good strategies, but may not be the most efficient learning strategy for more challenging reading tasks. This workshop will help you become a more engaged, strategic, and efficient reader.

[Wednesday, September 28, 5pm – 6pm](#)

[Tuesday, November 1, 11am – 12pm](#)

### Get Over Procrastination

Facilitator: Seven Mattes, Ph.D.

**Description:** Procrastination saps the energy and undermines the potential accomplishments of many talented people; so many of us see procrastination as an unwelcome but unavoidable part of our lives and even think it might be some sort of character flaw. The fact is that procrastination has many causes, and the key is to focus on making it easier to NOT procrastinate on high priority tasks. This workshop will teach you how small changes in your thinking, your routines, your habits, and your surroundings can make it easier for you to get essential things done while saving mental and emotional energy.

[Thursday, September 15th, 1:30pm - 2:30pm](#)

[Tuesday, October 4th, 6pm - 7pm \(Zoom\)](#)

[Thursday, October 8th, 12pm - 1pm](#)

### Get Ready for Finals

Facilitator: Nate Clason, Ph.D

**Description:** Learn easy strategies to prioritize learning goals and schedule study time for Finals Week. This session will also review a few high-performance study and time management strategies to help you give your best performance on final exams.

[Tuesday, November 8, 9am – 10am](#)

[Wednesday, November 16, 7pm - 8pm \(Zoom\)](#)

### High Impact Study Techniques I

Facilitator: Kirby Gibson, M.S.

**Description:** Learn some simple, scientifically proven techniques that promote superior recall both on exams and in future classes in less time than “massed” study sessions (cramming).

[Wednesday, September 14<sup>th</sup> 11:30am – 12:30pm](#)

[Thursday, September 22<sup>nd</sup> 9am – 10am \(Zoom\)](#)

[Tuesday, October 4<sup>th</sup> 9am – 10am](#)

[Tuesday, October 18 5pm – 6pm](#)

### High Impact Study Techniques II

Facilitator: Sara Morales, M.A.

**Description:** Learn more powerful tools, (building on High Impact Study Techniques 1): elaboration, dual coding, and concrete examples along with some equally effective graphical and analytical strategies can improve your understanding and recall of high priority course concepts.

[Tuesday, October 4<sup>th</sup> 10am - 11am](#)

[Thursday, October 27<sup>th</sup> 1:30pm - 2:30pm](#)

[Monday, November 14<sup>th</sup> 7pm - 8pm \(Zoom\)](#)



To Register, go to <https://nssc.msu.edu/clc/>







# APPLICATION WORKSHOP

Make your application stand out from the rest.

**Peace Corps recruiters will:**

- Show you how to browse volunteer openings
- Assist you in finding the right program
- Explain steps you can take to improve your chances
- Help you strengthen your application
- Provide valuable tips to guide you through the application process

Tuesday, Sept. 13, 2022

5:30 – 6:30 p.m.

Room 303 | International Center  
427 N. Shaw Ln.  
East Lansing, MI 48824

For more information, contact Sam Bigley  
at [msupeace@msu.edu](mailto:msupeace@msu.edu)



[PEACECORPS.GOV](https://www.peacecorps.gov)

If you require reasonable accommodations when attending a Peace Corps event, please email Sam Bigley | [msupeace@msu.edu](mailto:msupeace@msu.edu) and provide details of the reasonable accommodation(s) you are requesting.

# SPARTAN DAY OF SERVICE

SATURDAY, SEPT. 17

SIGN UP TODAY



MSU Alumni  
MICHIGAN STATE UNIVERSITY



Center for Community  
Engaged Learning  
MICHIGAN STATE UNIVERSITY



LIVE ON





**FALL 2022**



Mujer a Mujer is based on a mission to empower women by helping them develop academically and professionally through inspirational role models.

**WORKSHOPS | 6PM - 8PM | HOLDEN HALL C131**

**Wednesday, September 14**

**Wednesday, October 12**

**Wednesday, November 9**

**Contact Information:**



Erica Fiasky  
fiaskye@msu.edu



Dr. Danielle Flores  
Lopez  
floresd3@msu.edu



Aleida Martinez  
marti995@msu.edu

**Sponsored by:**

Migrant Student Services  
College of Natural Science  
College of Engineering  
Associate Provost for Undergraduate Education

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# 2022 HHM Hispanic/Latino Commission of Michigan's Scholarship Application Now Open!!

## Requirements:

You must currently reside in Michigan.  
You must currently be enrolled in a Michigan High School,  
College/University or Technical Program.



<https://forms.office.com/g/yhM3bDf5Au>

**APPLICATION CLOSES 9/12/2022 AT 11PM!**

# SPEAK UP MSU!



## LET'S TALK...

- Must be 18 years or older
- Must be enrolled at MSU
- Compensation for time \$\$
- Undergraduate, graduate, and professional students welcome!



[www.trusstlab.com/speak-up-msu](http://www.trusstlab.com/speak-up-msu)



INCLUSIVE CAMPUS

# STUDENT SUMMIT & CULTURAL UNITY BUFFET

Sunday, Sept. 11 (1-6 p.m.)

Michigan State University  
Erickson, Kiva

*Building a Foundation*

REGISTER HERE



INCLUSION

INCLUSION

INCLUSION

INCLUSION

INCLUSION

INCLUSION

INCLUSION

WHAT IS AN  
INCLUSIVE  
STUDENT  
LEADER?

WHAT  
ARE INCLUSIVE  
VALUES?

WHAT IS  
INCLUSIVE  
PROGRAMMING?

WHAT ARE  
INCLUSIVE  
PRACTICES?



**HOSTED BY**

Inclusive Campus Initiative (ICI),  
ASMSU chief Diversity, Equity and  
Inclusion officer, CORES & COPS executive board,  
Prevention, Outreach & Education (POE) Department,  
and Counseling & Psychiatric Services (CAPS)

**SPONSORED BY**

Office of the Senior Vice President for Student  
Life & Engagement





## What Is An Ombudsperson?

**Pronunciation:** äm -büdZ, öm 'büdZ

"Ombuds" is a Swedish term dating back to 1809 when the Swedish government assigned an agent or deputy to investigate citizen complaints and suggest solutions, such as hospitals.

## History of the MSU Office of the Ombudsperson

MSU created the Office of the University Ombudsperson in 1967. The University Ombudsperson functions as a designated neutral party or intermediary and has access to relevant university decision-makers. The University Ombudsperson is appointed by the President to assist students in resolving conflicts or disputes within the university.

## The University Ombudsperson's Ethical Principles

The Office of the University Ombudsperson practices in accordance with the Code of Ethics and Standards of Practice of the International Ombudsman Association. Four ethical principles guide the Ombudsperson's work:

**Independence.** The Ombudsperson reports to the President of MSU and is not aligned with any administrative or academic unit.

**Impartiality.** The Ombudsperson provides objective assessments of any concern brought to the office. As a neutral third-party, the Ombudsperson is an advocate for fair process and equitable outcomes, but does not take sides on behalf of any individual or cause.

**Confidentiality.** Confidentiality is essential to the Ombudsperson function. The Ombudsperson will not disclose the identity of visitors or the substance of concerns raised unless given permission by the visitor to do so. The only exception is when the Ombudsperson believes there is an imminent risk of serious harm. The promise of confidentiality helps create a safe place to voice your concerns, evaluate your situation, organize your thoughts and identify your options.

**Informality.** Any conversation you have with the University Ombudsperson is off the record. Talking to the Ombudsperson about a problem does not provide the University with legal "notice" that the problem exists. If you would like to make a formal complaint, the Ombudsperson will help you identify your options for doing so. The Ombudsperson will not willingly participate in any formal adjudicative or administrative processes.

## **Topics You May Want to Discuss**

Violations of university policy  
Discrimination and/or Harassment  
Communication problems  
Academic policies or disputes  
Health and safety issues  
Disciplinary actions  
Threats or retaliation  
Academic Freedom/Academic Integrity  
Ethical behavior  
Formal processes for resolving issues  
Student rights and responsibilities  
Other campus concerns

## **How Can The Ombudsperson Help?**

- *Listen and provide a neutral resource*
- *Know and explain MSU policies & procedures*
- *Clarify issues and provide referrals when appropriate*
- *Analyze the issue and provide options for resolving complaints*
- *Prevent an issue from escalating into a major problem*

Appointments are available in-person, phone, or Skype/Zoom. Complete our Problem/Concern Form on our website at [ombud.msu.edu](http://ombud.msu.edu)

Contact us at (517) 353-8830 or email [ombud@msu.edu](mailto:ombud@msu.edu)