



SOCIOLOGY UNDERGRADUATE ADVISING NEWSLETTER

Get the latest campus updates from the MSU Department of Sociology

January 18, 2024

The **MSU Center for Survivors** is now recruiting volunteers for our Spring 2024 Training Class!

What: Sexual Assault Crisis Intervention (SACI) Team provides essential support, advocacy, and crisis services to the MSU campus and greater Lansing community. SACI Volunteers gain knowledge and awareness about sexual violence and valuable crisis intervention skills. Last year our team of passionate volunteers dedicated 25,000 in on-call volunteer shifts and you can be part of this community too!

- Hybrid training schedule includes online modules and 5 in-person training sessions
- Flexible Scheduling – volunteers to schedule their own shifts and we ask for just 2 on-call shifts per month
- On-Call Shifts – no sitting at a call center, during your shift you can go about your life, just be prepared to step away to answer a call or come into the office if/when needed

Who: Volunteers do **NOT** need to be affiliated with MSU – we encourage faculty, staff, students, and community members to apply!

How: Apply [here](#) by 8am on Monday, January 22nd

Learn More:

- Visit our website at <https://centerforsurvivors.msu.edu/volunteer/index.html> or email Kathryn Naber at naberkat@msu.edu to learn more!

MSU CENTER FOR SURVIVORS

VOLUNTEERS NEEDED!

Volunteer positions that will help you develop practical, work-related skills while providing essential services to people in need and reducing violence in the campus community.



WE NEED HELP WITH:

- 24-hour Crisis Hotline, 10am-10pm Crisis Chat
- Campus Outreach
- In-person crisis response to MSU's Sexual Assault Healthcare Program & designated residence halls

DATE & PLACE:

TRAINING DATES

📍 STUDENT SERVICES BUILDING

Sun. 1/28 12pm-5pm EST

Wed. 2/7 6pm-8pm EST

Sun. 2/11 1pm-5pm EST

Sun. 2/18 12pm-5pm EST

Crisis Advocacy Training: Sun. 3/10 12-5pm

APPLY ONLINE AT

[CENTERFORSURVIVORS.MSU.EDU/VOLUNTEER](https://centerforsurvivors.msu.edu/volunteer)



Applications are due by 8am

on Monday, Jan. 22nd



Spring Semester '24 Career Fairs



January

Wednesday, January 17	4:00pm - 6:00pm	MSU Broad Corporate In-Person Mixer
Tuesday, January 23	2:00pm - 7:00pm	Big 10 Engineering-Diversity & Inclusion Career Fair Event
Wednesday, January 24	1:00pm - 5:00pm	MSU In-Person Packaging Career Fair Spring 2024
Wednesday, January 31	4:00pm - 6:00pm	MSU Broad Corporate In-Person Mixer

February

Thursday, February 1	2:00pm - 4:30pm	MSU Landscape Architecture Career Day
Tuesday, February 6	6:00pm - 7:30pm	Career Expo Spring Edition 2024 - The School of Hospitality Business
Tuesday, February 6	6:00pm - 8:00pm	MSU ASA In-Person Public Accounting Night
Wednesday, February 7	3:30pm - 8:00pm	MSU Diversity, Equity, and Inclusion Career Fair
Thursday, February 8	4:00pm-7:00pm	MSU Supply Chain Management Association In-Person Career Fair
Friday, February 9	1:00pm - 4:00pm	Advertising, Sales, PR, Marketing, Professional Communication, Writing, Media and Design Career Fair
Friday, February 9	2:30pm - 4:30pm	MSU In-Person Geography Career Fair
Thursday, February 15	12:00pm -4:00pm	MSU In-Person Environmental, Energy, Natural Resources, and Sustainability Career Fair
Thursday, February 15	6:00pm - 8:00pm	MSU Civil Engineering Career Expo
Monday, February 19	3:00pm - 6:00pm	MSU Interior Design Career Fair
Wednesday, February 21	1:00pm - 4:00pm	MSU Engineering Expo Day 1
Thursday, February 22	1:00pm - 4:00pm	MSU Engineering Expo Day 2

March

Wednesday, March 6	3:00pm - 5:00pm	MSU Psychology Service and Internship Fair 2024
Thursday, March 7	3:00pm - 6:00pm	MSU Social Work Career Fair
Monday, March 11	3:00pm - 6:00pm	MSU Teacher and Administrator Fair
Monday, March 18	4:00pm - 6:00pm	MSU Broad Corporate In-Person Mixer
Tuesday, March 19	3:00pm - 6:00pm	MSU Spring All Majors Career and Internship Fair
Thursday, March 21	3:00pm - 6:00pm	MSU Virtual Criminal Justice Career Fair
Wednesday, March 27	3:00pm - 6:00pm	MSU Summer Job Fair
Thursday, March 28	2:00pm - 7:00pm	ESD'S Engineered in the Mitten Exchange 2024 (Virtual)

View Event Information and Register for all Events through **Handshake**



Spring Semester '24

Career Workshops



Career Exploration Series

Hosted on Zoom (Register on Handshake)
Unless Otherwise Listed

Federal Government Internship and Pathway Programs

Wednesday, January 10, 2024 11:30 AM - 12:15 PM

From Major to Career: Exploring Your Identity

Tuesday, February 6, 2024 6:00 - 7:00 PM

Discovering Careers Through Informational Interviewing

Thursday, February 22, 2024 12:00 - 1:00 PM

Exploring Consulting

Minskoff Room 242

Wednesday, March 13, 2024 4:00 - 5:00 PM

Making Career Decisions: SWOT Analysis

Thursday, March 14, 2024 4:00 - 5:00 PM

For International Students

International Student Career Fair Prep

International Center, Spartan Rooms B & C

Friday, January 26, 2024 4:00 - 6:00 PM

International Student Full-Time Jobs:

Understanding OPT (In-Person)

B122 Wells Hall

Friday, January 26, 2024 2:30 - 4:00 PM

International Student Interviewing Workshop

Hosted on Zoom (Register on Handshake)

Tuesday, January 30, 2024 12:00 - 1 PM

International Student Full-Time Jobs:

Understanding OPT (Virtual)

Hosted on Zoom (Register on Handshake)

Friday, February 2, 2024 1:00 - 2:30 PM

International Student Career Fair Q+A Table

@ DEI Fair

Breslin Center

Wednesday, February 7, 2024 5:00 - 8:00 PM

International Student Internships:

Understanding CPT

115 International Center

Friday, February 16, 2024 2:30 - 4:00 PM

Spring Workshop Series

Hosted on Zoom (Register on Handshake)

Job Search Workshop

Thursday, January 11, 2024 12:00 - 12:45 PM

Thursday, April 25, 2024 12:00 - 12:45 PM

Interview Strategies

Tuesday, January 23, 2024 3:00 - 3:45 PM

Tuesday, March 12, 2024 12:00 - 12:45 PM

Navigating Virtual and In-Person Career Fairs

Monday, February 5, 2024 4:00 - 4:30 PM

Writing a Resume/Cover Letter

Wednesday, January 17, 2024 3:30 - 4:40 PM

Thursday, February 1, 2024 12:00 - 1:00 PM

Monday, February 19, 2024 4:30 - 5:30 PM

Friday, March 15, 2024 11:30 AM - 12:30 PM

Creating a Federal Resume

Tuesday, February 6, 2024 4:30 - 5:15 PM

Personal Statement

Thursday, February 1, 2024 7:00 - 8:00 PM

Wednesday, February 21, 2024 7:00 - 8:00 PM

Conducting a Federal Government Job Search

Monday, March 4, 2024 12:00 - 12:45 PM

Planning for Grad School

Wednesday, March 20, 2024 2:00 - 2:45 PM

Negotiating Job Offers

Tuesday, April 9, 2024 12:00 - 12:45 PM

Taking a Post-Grad Gap Year: What to

Consider, and Where to Look

Wednesday, April 3, 2024 1:30 - 2:15 PM



Visit Handshake and search for
CSN Spring Series or CSN
Career Exploration to register for each workshop

TO: Invited Seniors and Recent Graduates

FROM: Burton Bargerstock, President, MSU Chapter of Phi Kappa Phi

The Michigan State University Chapter of the Honor Society of Phi Kappa Phi invites outstanding seniors and recent graduates who have not yet begun graduate work to submit applications for the [National Phi Kappa Phi Graduate Fellowship Competition](#). This year the Society will competitively award fifty-four Fellowships of \$8,500 each, six at \$20,000 each, and two at \$35,000.

To be considered for a Phi Kappa Phi Fellowship, an applicant must be:

- An active member of the Society through April 15, 2024 (dues paid) or have accepted an invitation to join and be initiated by June 30, 2024.¹
- Seeking full-time enrollment status in a graduate/professional school program to begin between May 1, 2024, and February 1, 2025.

Please note:

- International students are eligible.
- Students registering in all professional and graduate fields are eligible.
- Applicants who have successfully completed 10 or more graduate credits on or before April 15 are not eligible.
- Applicants should not hold other graduate degrees; this should be their first graduate program.
- Winners may defer for up to two years, pending approval.

Applicants may complete the application online and save the completed PDF, then submit the application, official transcripts, work sample, and two letters of recommendation electronically to the Michigan State University Chapter at: pkp041@msu.edu.²

All complete materials must be received by the MSU Chapter at its email address **by 5:00 pm on Tuesday, February 20, 2024**.

Notes:

- 1 Applicants may verify their membership status by calling 1-800-804-9880, ext. 235.
- 2 Frequently asked questions can be found at: <https://www.phikappaphi.org/grants-awards/fellowship/fellowship-resources>. Please address additional questions to: pkp041@msu.edu.



Burton A. Bargerstock

Executive Director, Office for Public Engagement and Scholarship

Director, Communication and Information Technology

Special Advisor to the Vice Provost

Office of the Vice Provost for University Outreach and Engagement

Michigan State University

Kellogg Center | 219 S. Harrison Rd., Rm. 93 | East Lansing, MI 48824

Office: 517-353-8977 | **Email:** bb@msu.edu | **Web:** <https://engage.msu.edu>

Pronouns: he, his, him

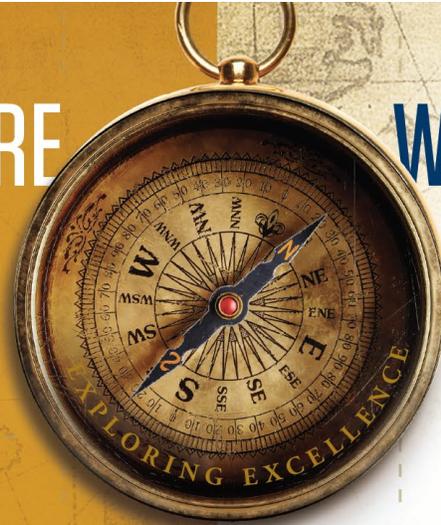
Michigan State University occupies the ancestral, traditional, and contemporary Lands of the Anishinaabeg–Three Fires Confederacy of Ojibwe, Odawa, and Potawatomi peoples. The University resides on Land ceded in the 1819 Treaty of Saginaw.

AWARDS ARE

The Honor Society

WHAT WE DO

of Phi Kappa Phi



FELLOWSHIPS

ABOUT THE FELLOWSHIPS

The Honor Society of Phi Kappa Phi currently awards 54 Fellowships of \$8,500 each, six at \$20,000 each, and two at \$35,000 each to members entering the first year of graduate or professional study. Each active Phi Kappa Phi chapter may select one candidate from among its local applicants to compete for the Society-wide awards.

Established in 1932, the Fellowship Program annually provides funding to first-year graduate students who are pursuing post-baccalaureate degrees across all academic disciplines. Endorsed by their local chapter, Phi Kappa Phi Fellows go on to study at some of the nation's top graduate schools.

SELECTION CRITERIA

Selection is based on the applicant's promise of success in graduate or professional study, including academic achievement, service and leadership experience, letters of recommendation, work sample, personal statement and career goals, and acceptance at an approved graduate or professional program.

HOW TO APPLY

Go to www.PhiKappaPhi.org/Fellowship to access an application and review submission instructions.

7576 Goodwood Blvd., Baton Rouge, LA 70806
1 (800) 804-9880, Ext. 235 / Fellows@PhiKappaPhi.org
PhiKappaPhi.org/Fellowship

Phi Kappa Phi does not discriminate on the basis of race, religion, national origin, disability, gender, age, or sexual orientation. Phi Kappa Phi Awards are Equal Opportunity Scholarships.

2 AT	6 AT	54 AT
\$35K	\$20K	\$8.5K

CONTACT YOUR CHAPTER FOR LOCAL APPLICATION DEADLINE.

PhiKappaPhi.org/Fellowship

ELIGIBILITY

Open to all active Phi Kappa Phi members or those who have accepted membership by June 30, and:

Have applied to enroll as a full-time student in a post-baccalaureate program of study during the coming academic year.

**Please note: Students registering in all professional and graduate fields are eligible.*

Applicants who have successfully earned 10+ credit hours of graduate study or its equivalent on or before April 15, are NOT eligible.

**See application for complete details.*

The applicant cannot be a sitting Phi Kappa Phi board member, divisional vice president, member of the Fellowship committee or Society employee.

DEADLINE

Contact your chapter for application deadline information. Chapter may submit one application to the national office by April 15.



THE HONOR SOCIETY OF
PHI KAPPA PHI

Undergraduate Research Updates



Our [workshop series](#) helps students find research and creative inquiry opportunities, as well as provide professional development for current undergraduate researchers. All undergraduates are welcome!

January workshops include:

- ["Graduate Panel: For Undergraduate Researchers:"](#) 1/18/24, 6:00-6:30PM, Online
- ["Summer Research Opportunities:"](#) 1/18/24, 7:00-7:30 PM, Online
- ["What is Undergraduate Research:"](#) 1/22/24, 7:00-7:30 PM, Online
- ["Summer Research Opportunities:"](#) 1/25/24, 7:00-7:30 PM, Online
- ["Finding Undergraduate Research Opportunities:"](#) 1/29/24, 7:00-7:30 PM, Online



The 26th annual University Undergraduate Research and Arts Forum (UURAF) will take place on Friday, April 12, 2024 at the Breslin Center and online. Students can present research that is still in progress and also present research that is already completed. **Priority [Registration](#)** is open now and **closes on February 9 at 11:59 PM**. Visit our [website](#) for more information.



Interested students can connect 1:1 with a peer [Undergraduate Research Ambassador](#) to learn more about engaging in undergraduate research at MSU. Students can schedule a peer advising appointment using our [bookings page](#).



The [2024 BRUSH Summer Research Program](#) is a National Institute of Health sponsored research program where participants work on a research project under the mentorship of leading biomedical researchers in environmental and health science disciplines. Students are encouraged to apply with or without prior research experience [here](#). Applications are due **Monday, February 12, 2024**.

For more information, join the live virtual information session and Q&A [here](#) on **Wednesday, January 24, 2024** or contact the Program Directors at BRUSHSummerResearch@msu.edu



UNDERGRADUATE RESEARCH OFFICE | STEM TEACHING AND LEARNING FACILITY

642 RED CEDAR ROAD, ROOM 2103 | EAST LANSING, MICHIGAN 48824-1046

(517)-884-4383 | UGRSRCH@MSU.EDU

urca.msu.edu

For any students interested in Pre-Health careers:

Hello Pre-Health Students,

The Pre-Health Advising Team is hosting a variety of events this spring to help you get the information you need.

Attached are two flyers – one with brief event descriptions and another just for **our biggest event of the year – Michigan Medical Schools Night!**

Check out these upcoming sessions:

Pre-Health Essentials: Held throughout the year - Zoom & in-person options

New pre-health students must attend an Essentials session prior to scheduling their first individual pre-health advising appointment

[View dates and register here](#)

What is Undergraduate Research?: Monday, January 29, 5:00-5:45pm via Zoom

Presented by the Office of Undergraduate Research

[Register here](#)

Making Connections as a Pre-Health Student: Letters of Rec, Shadowing, and Research:

Thursday, February 1, 7:00-8:30pm via Zoom

[Register here](#)

Michigan Medical Schools Night: Wednesday, February 7, 4:00-7:00pm via Zoom

All seven Michigan Medical Schools will present key information about their programs and offer tips for how to become a successful applicant. Students will have time to rotate through four presentations. **See the attached flyer for more details!**

[Register here](#)

Mock Multiple Mini Interviews: Wednesday, February 21, 4:00-6:00pm in Natural Science 105

[Register here](#)

Medical School Application Process: Thursday, March 7, 6:00-7:30pm via Zoom

Presented by the [Pre-Medical Mentoring Program](#)

[Register here](#)

Personal Statement Workshop: Wednesday, March 13, 6:00-7:30pm in Natural Science 140

[Register here](#)

You can also find all event descriptions and registration links on the [Upcoming Events page of our website](#)

We hope to see you there!



College of Natural Science
Pre-Health Advising
MICHIGAN STATE UNIVERSITY

288 Farm Lane Room 106 | East Lansing, MI 48824

Phone: 517-355-4470



Follow us on Instagram for more event announcements and pre-health updates [@msu_prehealth](https://www.instagram.com/msu_prehealth)

Pre-Health Essentials Spring 2024

Pre-Dental

Weds, Jan. 17 at 3:00pm in NatSci 105

Fri, Feb. 16 at 11:00am on Zoom

Pre-Med

Thurs, Jan. 18 at 3:00pm in NatSci 145

Tues, Jan. 23 at 1:00pm in NatSci 145

Fri, Feb. 9 at 10:00am on Zoom

Mon, Feb. 12 at 3:00pm in Holmes E26A

Weds, Feb. 14 at 4:00pm in Holmes E26A

Thurs, Feb. 22 at 10:30am on Zoom

Fri, Mar. 22 at 11:00am on Zoom

Pre-Optometry

Weds, Jan. 24 at 4:00pm in NatSci 145

Thurs, Feb. 15 at 3:30pm on Zoom

Pre-OT

Weds, Jan. 31 at 4:00pm in NatSci 145

Tues, Mar. 5 at 3:00pm on Zoom

Pre-PA

Tues, Jan. 16 at 1:00pm in NatSci 145

Mon, Jan. 22 at 4:00pm in Holmes E26A

Fri, Feb. 9 at 10:30am on Zoom

Weds, Feb. 14 at 3:00pm on Zoom

Thurs, Feb. 15 at 3:00pm in NatSci 145

Fri, Mar. 22 at 10:30am on Zoom

Pre-Pharmacy

Weds, Jan. 31 at 3:00pm in NatSci 105

Tues, Mar. 5 at 12:00pm on Zoom

Pre-PT

Fri, Jan. 19 at 10:00am on Zoom

Mon, Feb. 5 at 4:00pm in NatSci 145

Thurs, Mar. 7 at 3:00pm in NatSci 145

 **Sign up
now!**





To register for this event, click [here!](#)

All seven Michigan medical schools will present key information about their programs and admission criteria as well as offer tips and strategies on how to become a successful applicant. Students will have the opportunity to rotate through four presentations.

All schools will have 30-minute presentations at the following times:

****Please note: MSU CHM will not be available for the first session!****

Session One:
4:00pm – 4:30pm
Session Two:
4:35pm – 5:05pm
Break
Session Three:
5:30pm – 6:00pm
Session Four:
6:05pm – 6:35pm
Q&A Session:
6:40pm – 7:00pm

Zoom Room Information:

Central Michigan University:
<https://msu.zoom.us/j/93781518595>

MSU College of Human Medicine:
<https://msu.zoom.us/j/97913584306>

MSU College of Osteopathic Medicine
<https://msu.zoom.us/j/92728005773>

Oakland University:
<https://msu.zoom.us/j/96898461733>

University of Michigan:
<https://msu.zoom.us/j/93362539958>

Wayne State University:
<https://msu.zoom.us/j/93243426466>

Western Michigan University:
<https://msu.zoom.us/j/99304438662>

For assistance during the event, visit the help room:

<https://msu.zoom.us/j/95521240731>

Spring 2024 PRE-HEALTH EVENTS



College of Natural Science
Pre-Health Advising
MICHIGAN STATE UNIVERSITY



Visit the events page of our website:
<https://prehealth.natsci.msu.edu/events>

ALL
YEAR

Pre-Health Essentials

Held throughout the year - Zoom & In-Person options

Learn the basics of building a strong application including recommended prerequisite coursework, co-curricular activities, application timeline, and helpful campus resources. Designed to help new pre-health students get started on the right track: **Please attend prior to scheduling your first one-on-one pre-health advising appointment.** [View dates and register here.](#)

Jan

29

What is Undergraduate Research?

In partnership with the Office of Undergraduate Research

Monday, January 29 5:00-5:45pm via Zoom

There are myriad ways that research is conducted. Learn about the many different forms of research taking place at MSU. Exploring your research interests will be easier with a comprehensive understanding of what undergraduate research is and its breadth. Learn about the opportunities available and how to get engaged in research and creative activities at Michigan State. [Register here.](#)

Feb

01

Making Connections as a Pre-Health Student: Letters of Rec, Shadowing, and Research

Thursday, February 1, 7:00-8:30pm via Zoom

Learn all about building and navigating a pre-health related social network at this virtual seminar! Information about establishing professional relationships with professors and healthcare professionals, utilizing office hours, and securing letters of recommendation will be given. Tips for finding shadowing, volunteering and research will also be shared. [Register here.](#)

Feb

07

Michigan Medical Schools Night

Wednesday, February 7, 4:00-7:00pm via Zoom

Calling all pre-med students: Join us for our biggest event of the year! All seven of Michigan's medical schools will present key information about their programs and admission criteria. They'll offer tips and strategies on how to become a competitive applicant and answer your questions. Attendees will have the opportunity to rotate to four 30-minute presentations. [Register here.](#)

Feb

21

Mock Multiple Mini Interviews

Wednesday, February 21, 4:00-6:00pm In-Person (NatSci 105)

These mock interviews are intended to help prepare you for the interview process, specifically Multiple Mini Interviews (MMI), often required for admission into professional health programs such as medical, dental, and PA. [Register here.](#)

Mar

07

Medical School Application Process

Thursday, March 7, 6:00-7:30pm via Zoom

Brought to you by the Pre-Medical Mentoring Program, this session will be presented by students from MSU College of Osteopathic Medicine and MSU College of Human Medicine. They will provide a general overview of the process as well as details about personal statements, CASPeR, letters of recommendation, and how to write about your work/activities. Gain valuable advice from mentors who have been through this process (successfully!) as they share tips on what they've learned through experience. [Register here.](#)

Mar

13

Personal Statement Workshop

Wednesday, March 13, 6:00-7:30pm In-Person (NatSci 140)

Enhance your writing skills and gain insight on what professional schools are looking for during this session about an integral piece of your application –the personal statement! Learn about what to include in your statement while participating in brainstorming techniques. Examples, tips, and resources will be provided. [Register here.](#)

Center for Survivors and Safe Place Spring Groups and Workshops

Each semester, we appreciate your support in sharing Center for Survivors and Safe Place groups and workshops.

- For Center for Survivors groups & workshop info & registration, see [here](#).
- For Safe Place groups info & registration, see [here](#).

Center for Survivors Groups & Workshops- open to survivors of sexual violence

- Conversations in Color | Tuesdays, 1-2:30pm
- Community Connect | Wednesdays, 12-1pm
- Go with That: An EMDR Group | Wednesdays, 3-4pm
- Art of Healing Art Workshops | Wednesdays, 3-4:30pm
- Growing Stronger: Ecotherapy Group | Thursdays, 1-2:30pm
- Healing through Yoga (virtual) | Thursdays, 3-4pm
- Tea & Talk | Fridays, 12-1pm

Center for Survivors Workshops & More!

- Ear Acupuncture | Fridays, 1-2:30pm on 1/26, 2/16, 3/22, and 4/19
- Healing Through Yoga (in person) | Mondays, 3-4pm on 2/4, 3/4, and 4/1
- Doing My Best at the Game of LIFE: skills-based workshop series
 - Tea Making | Wednesday 1/31, 12-1pm
 - Hair Braiding | Tuesday 2/6, 12:30-2pm
 - Tarot | Thursday 2/15, 1-2:30pm
 - Crochet | Monday 2/19, 1-3pm
 - Plant Propagation | Thursday 3/7, 2-3:30pm
 - Essential Oils | Friday 3/29, 2-3:30pm
 - Nature Walk | Friday 4/5, 1-2pm

Safe Place Groups- Open to survivors of relationship violence

- Hobby Exploration: A Journey of Discovery, Healing, and Support | Mondays 5:30-7pm
- Healing from Within: Understanding Childhood Adversities & Trauma | Tuesdays 5:30-7pm
- Reclaiming Power: A Healing Journey | Thursdays 12-1pm

Christie Schichtel, LMSW, she/her/hers; **Therapist, MSU Center for Survivors**

(517) 355-3551; 24/7 Crisis Hotline: 517-372-6666

10am-10pm Crisis Chat: CenterForSurvivors.msu.edu

Spring 2024 Groups & Workshops

If you have experienced any form of sexual violence at ANY point in your life, check out these offerings at Center for Survivors! You do not need to be currently receiving services.

TUESDAY

Conversations in
Color ✦ ● ▶
1-2:30pm

WEDNESDAY

Community Connect ✦ ● ▶
12-1pm
Go with That:
An EMDR Group ✦ ● ▶
3-4pm
Art of Healing Art
Workshops ✦
3-4:30pm

THURSDAY

Growing Stronger:
Ecotherapy Group ✦ ●
1-2:30pm
Healing through
Yoga (virtual) ✦ ● ▶
3-4pm

FRIDAY

Tea & Talk ✦ ●
12-1pm

Groups/workshops open to:
✦ students
● faculty/staff
▶ community members

WORKSHOPS & MORE!

Ear Acupuncture ✦ Fridays, 1-2:30pm, 1/26, 2/16, 3/22, 4/19

Healing through Yoga (in person) ✦ ● ▶ Mondays, 3-4pm, 2/4, 3/4, 4/1

Doing My Best at the Game of LIFE: Skills-Based Workshop Series ✦ ●

- Tea Making- Wednesday 1/31, 12-1pm
- Hair Braiding- Tuesday 2/6, 12:30-2pm
- Tarot- Thursday 2/15, 1-2:30pm
- Crochet- Monday 2/19- 1-3pm
- Plant Propagation- Thursday 3/7, 2-3:30pm
- Essential Oils- Friday 3/29, 2-3:30pm
- Nature Walk- Friday 4/5, 1-2pm

Center for
Survivors
Michigan State University

Learn more and register here at the QR code
or go to CenterForSurvivors.msu.edu.



Spring 2024 Support Groups



Hobby Exploration: A Journey of Discovery, Healing, and Support

This group will focus on the transformative power of identifying hobbies as a pathway to rebuilding and rediscovering joy and self-care after trauma. Through shared experiences, encouragement, and creative expression, participants will build resilience, reclaim their sense of self, and forge new connections in a supportive community dedicated to growth and healing.

Group meets weekly Mondays in-person from 5:30pm-7pm: *B.



Healing from Within: Understanding Childhood Adversities and Trauma

This group will read 'The Deepest Well' by Nadine Burke Harris and 'The Body Keeps the Score' by Bessel Van Der Kolk as a way to explore the impact of past trauma. Members will engage in discussions about healing, growth, and well-being within a supportive community of individuals who share similar experiences. Audio books will be available as an alternative option.

Group meets weekly Tuesdays in-person from 5:30pm-7pm: *B.



Reclaiming Power: A Healing Journey

This group will focus on supporting survivors to talk about their feelings and experiences surrounding relationship violence with other survivors. Survivors gain and learn effective coping strategies, and learn more about the dynamics of relationship violence.

Group meets weekly Thursdays virtually from 12pm-1pm



For more information:

All groups are free, confidential, and open to all survivors of relationship violence. Individual counseling services by appointment.

Scan this QR Code to Register for one of our support groups!



Scan this QR Code for more info about our current support groups!



MSU
Safe Place

Technology, Humanities, and the Arts in London and Scotland

May 29 - June 27, 2024

<https://digitalhumanities.msu.edu/studyabroad>

Application deadline: February 15 (also accepted on a rolling basis until 2/15)

Max number of students: 12

Find out more at an upcoming Information Session:

- Fri, Jan 19, 10:00-11:00am, Zoom ([register to receive Zoom info](#))
- Thurs, Jan 25, 12:00-1:00pm, Main Library (by the Starbucks)
- Wed, Jan 31, 1:30-2:30pm, Zoom ([register to receive Zoom info](#))
- Fri, Feb 9, 2:00-3:00pm, Main Library (by the Starbucks)
- Thurs, Feb 15, 11:00am-12:00pm, Zoom ([register to receive Zoom info](#))

This program is 4 weeks long (May 29 – June 27, 2024) and is split between London (5/29-6/16) and Edinburgh, Scotland (6/16-6/27). While in Scotland, students will spend a day in Glasgow and have a day excursion to a loch. Students will live in apartments and are encouraged to approach the program as an opportunity to live in London/Edinburgh.

Throughout the program, students spend class time on visits to museums, attending plays and art exhibits, and meeting with people who work in cultural organizations (galleries, museums, archives, libraries, etc) to learn about how digital technology is used in the cultural sector and to experience how the arts both use and critique the digital in their work. Find out more on the [program's website](#), including the program fee, and find the application on the [program's page of the Education Abroad site](#).

The [program itinerary from 2022 is available here](#) - while the 2024 program will adjust a bit, I plan to follow a very similar itinerary and visit many of the same places, so you can get a good sense of how things will work by looking there.

I am also happy to meet with you to answer questions and discuss the program at other times by appointment. [Students can book an appointment with me directly here](#).

Thanks,

Kristen Mapes

(Program Director)

Kristen Mapes

Assistant Director of Digital Humanities, College of Arts & Letters

Michigan State University

East Lansing MI

kmapes@msu.edu

she/her

MSU Student Life & Engagement has more than 20 scholarships

available for undergraduate students. The application deadline for most of these scholarships is March 4, 2024. For more information and to apply, visit the MSU Student Life & Engagement scholarship page: <https://sle.msu.edu/scholarships>

Please share these exciting scholarship opportunities! See flyer attached.

If you have any questions, please contact Lisa Vanwelsenaers at vanwelse@msu.edu

Thank you.

Allyn R. Shaw, Ph.D.

Pronouns: He/Him/His (*learn more about pronouns [here](#)*)

Assistant Vice President for Student Development and Leadership

Dean of Students

Student Services Building

556 E. Circle Drive, Suite 150

East Lansing, MI 48824-1113

517-884-1348

To schedule an appointment, please contact Mary Geller at 517-884-1348 or gellerm1@msu.edu.

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More information and to apply, visit
<https://sle.msu.edu/scholarships>

DEADLINE:

March 4, 2024

accepting applications

January 8, 2024

through March 4, 2024



WHO WE ARE

Looking for an innovative and meaningful way to spend your summer? In need of elective credits, experiential learning, or an internship? Want to learn in a new city but stay in Michigan? The Flint Community Initiative might be a great fit for you!

Learn from residents impacted by the water crisis while contributing to a non profit organization that is actively building a stronger Flint.

Free Housing & \$3000 scholarship awarded to eligible students.

HOW TO APPLY

The Flint Community Initiative has no application fee and no program fee.

socialwork.msu.edu/students/flint-community-initiative.html

Semester: Summer 2024 (May 30 - August 9)

Enrollment: On-going

To learn more about the program, contact:

Monica Villarreal - villar42@msu.edu

APPLY NOW

Visit: socialscience.msu.edu/fci



School of Social Work
MICHIGAN STATE UNIVERSITY



WHAT IS FAME?

FAME (Fostering Academics Mentoring Excellence) is a student resource center through the Michigan State University School of Social Work, specifically for MSU students who are alum of the foster care system, who have experienced kinship care, were previously unhoused, or are otherwise independent. FAME provides support and resources to these students to prepare them for success while at Michigan State and beyond. If you are FAME eligible and have an interest in participating in the Flint Community Initiative, please reach out to fame@msu.edu as you may qualify for additional funding for participation!

For more information about FAME:
fame.socialwork.msu.edu

GLASSEN SCHOLARS PROGRAM

The goal of the program is to provide students with exposure to and experience in Michigan policy making related to natural resources and conservation.



Greetings!

Are you interested in natural resources, science, and public policy? **Apply now through Sunday, January 21, 2024**, for the [Hal and Jean Glassen Scholars Program](#) that includes a related course and internship in the greater Lansing area, during summer 2024.

The program runs from May 13-Aug. 15, 2024, and will include a mix of in-person and online experiences.

Michigan State University's **Hal and Jean Glassen Scholars Program** offers students exposure to real-world experience through working full-time as **paid interns** at state and federal agencies, non-governmental organizations or businesses that focus on complex natural resource issues in Michigan. **The internship will be a paid 12-week, up to 40-hour-per-week position.**

In addition, **a senior-level class in natural resources management and policy** meets one night a week. The internships and course curriculum complement and advance the students' learning through practical experience that influences citizens and communities across the state on such issues as the role of hunting, fishing and trapping in the future of conservation; parks and recreation; agriculture; the environment; natural resource management; business and the economic impacts of these issues in Michigan. The course is taught through lecture and discussion sessions, augmented by weekend field trips that include on-the-ground visits, experience with natural resources and conservation-related programs and professional connections.

PAST SPONSORS

- Ducks Unlimited
- Eaton County Resource Recovery
- Michigan Association of Conservation Districts

- Michigan Department of Agriculture and Rural Development (MDARD)
- Michigan Department of Environment, Great Lakes and Energy (EGLE)
 - Office of the Great Lakes
- Michigan Department of Natural Resources (MiDNR)
 - Legislative and Legal Affairs
 - Fisheries Division
 - Forest Resources Division
 - Parks and Recreation Division
 - Wildlife Division
 - Law Enforcement Division
 - Diversity, Equity and Inclusion Office
- Michigan Environmental Council
- Michigan League of Conservation Voters
- Michigan United Conservation Clubs (MUCC)
- National Wildlife Federation
- National Wild Turkey Federation
- Potter Park Zoo
- Trout Unlimited
- U.S. Fish and Wildlife Service (USFWS)
 - Michigan Ecological Services Field Office
 - Shiawassee National Wildlife Refuge
 - Upper Mississippi/Great Lakes Joint Venture
- U.S. Department of Agriculture (USDA), APHIS - Wildlife Services

PAY

Glassen Scholars will earn approximately **\$2,000 per month** depending on organization and placement location. Students will be responsible for their own transportation to and from their internships and class.

CREDITS

ALL students MUST enroll in and pay for 3 credits of ANR 491 (Professional Internship in Ag and Natural Resources)--**no exceptions.**

WHO SHOULD APPLY

Upper-level undergraduates

[Read more details on the Glassen Scholars Program.](#)

Apply to be a Glassen Scholar

The Glassen Scholars Program is a competitive process open to upper-level undergraduates.

How to apply:

1. Complete this [online application](#) to submit your cover letter, resume, and a writing sample by Sunday, January 21, 2024.
 - A writing sample would be an academic or professionally published document that showcases your writing style. This may include any reports, journal articles, social media blog postings, etc.; 5-7 pages of context, if the materials are shorter, please include multiple samples into one document.
1. Attend a program overview meeting in late-January 2024.
1. Applicants will then participate in an in-person or online interview during early-February (specific date and time TBD).

Contact [Jim Schneider \(schne181@msu.edu\)](mailto:schne181@msu.edu) with questions.



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